

# CHEVINGTON LODGE

ISSUE 03

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## NEWSLETTER

#### A Warm Welcome to Our New Members of Staff!

Rachel, Karen, Anne and Faye

# Staff & Training Update

Α very big congratulations to Rosalie for being promoted to Day Senior, her hard work, dedication and experience shone through – good luck in your new role!

Well done Iuliana for completing your Care Certificate, we are certain this will be a wonderful beginning to a rewarding and bright career.

Fire Safety is very important to us -All our managers, seniors and night staff are trained as fire marshals – only further improving on our staffs' skills and knowledge in dealing with emergency situations.

#### **Easter Celebrations**



Residents enjoyed wonderful celebrations during the Easter period. Mr John entertained us and the Easter Bunny paid a visit to give out easter eggs to residents. We held a raffle and pick a square. Once again we had brilliant support from friends and relatives who helped us to raise £240 - big thank you to everyone.

# 10 Years Long Service



We are very lucky to have dedicated, passionate and caring staff. We are proud to say that a lot of our staff have been with us for a number of years. Chris Canham celebrated 10 years long service – thank you Chris for your commitment to Chevington Lodge.

### **Activities Update**

Welcome to Rachel, our new Activities Co-Ordinator, who since joining us has brought wonderful, innovative ideas with her.

Choices on activities for residents is very important to us and we have made a huge effort to individualise and personalise our activities to cater for all our residents, including a one to one with all residents on a daily basis, chatting, reading, poetry, colouring etc. Some other activities are as follows; regular daily exercises to suit all abilities, around the world on a paper plane, dice games, guess the prices of shopping, card making, bingo, darts, balloon, slide ball, skittles, bean bag game, sensory box and also reminiscing to name a few.

To celebrate Dementia Action Week we held three days of different events, which the residents joined in on with enthusiasm, including hoola hooping sessions, tin pan alley, quizzes and a reminiscing afternoon. Dementia Action Week unites people, workplaces, schools and communities to take action and improve the lives of people living with dementia.





#### **Upcoming Events**

- Picnic for the residents at Bungay Castle on 18<sup>th</sup> July
- BBQ on 22<sup>nd</sup> August - weather permitting. Family are welcome!
- Mr John will entertain on 5<sup>th</sup> July – all are welcome!
- On the 9<sup>th</sup> August we will hold our strawberry cream tea entertainment by Elvis. We will have a raffle and pick a square.
- Felicity to entertain on 6<sup>th</sup> of September
- Gail to visit on 29<sup>th</sup> of October

#### Facebook Update

We have set up a Facebook Page and have been and will continue to be posting pictures and updates of events at Chevington Lodge.

So please Follow, Like and Share the Chevington Lodge Facebook Page at:

https://www.facebook.c om/Chevingtonlodgecar ehome

#### Quarterly Quote!

'I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel'

# 10 years as the Manager of Chevington Lodge!



loana joined Chevington Lodge in 2003 and with her wealth of knowledge and experience she became the homes manager in 2009. Ten years on and loana is a pillar not only at Chevington but in the local community. She is the heart and soul of the home. Her dedication and hard work is an inspiration to us all! From behalf of the staff, residents and relatives, congratulations on reaching this very important milestone!

# Visits from St Edmunds RC Primary School



We are continuing our partnership with Friends in Deed (FiD), a charity that creates friendships across generations through intergenerational projects to reduce loneliness and promote kindness. Our Little Visitors continue to visit on a weekly basis every Monday at 10:30am and we also have expanded our visits to include primary school children from St Edmunds RC school on a Friday afternoon, bringing joy through a variety of activities. This has proved to be very successful for both residents and our young students.

# Alzheimer's Society Cupcake Day



We recently organised a combined Alzheimer's Society Cupcake day and Dementia Friends information session on the 13<sup>th</sup> June where all staff and relatives were invited. Thank you to everyone who was able to come and support us and to the residents who took part in the cupcake decorating competition. Dementia Friends is a program initiated by the Alzheimer's Society, it is the biggest ever initiative to change people's perceptions of dementia and transform the way we think, act and talk about the condition. We here at Chevington Lodge look forward to continue working with Alzheimer's Society and raising awareness.